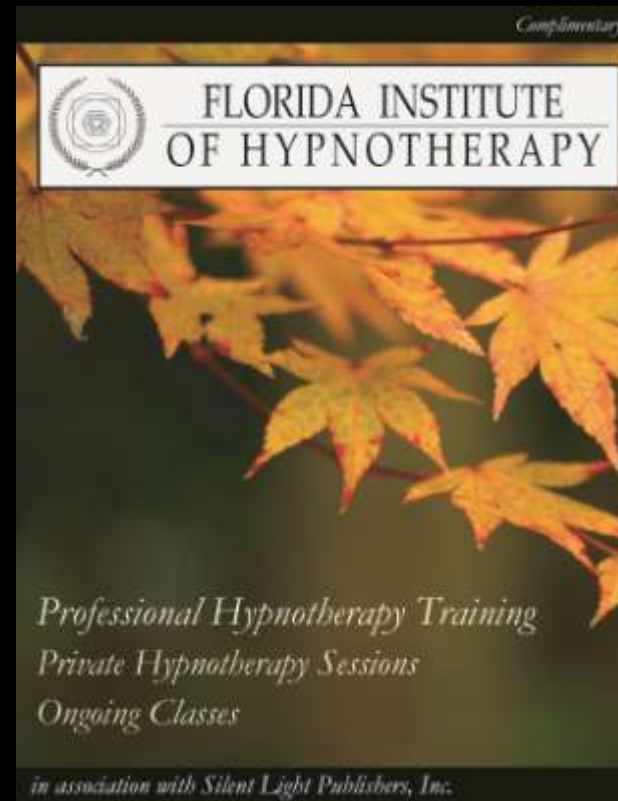
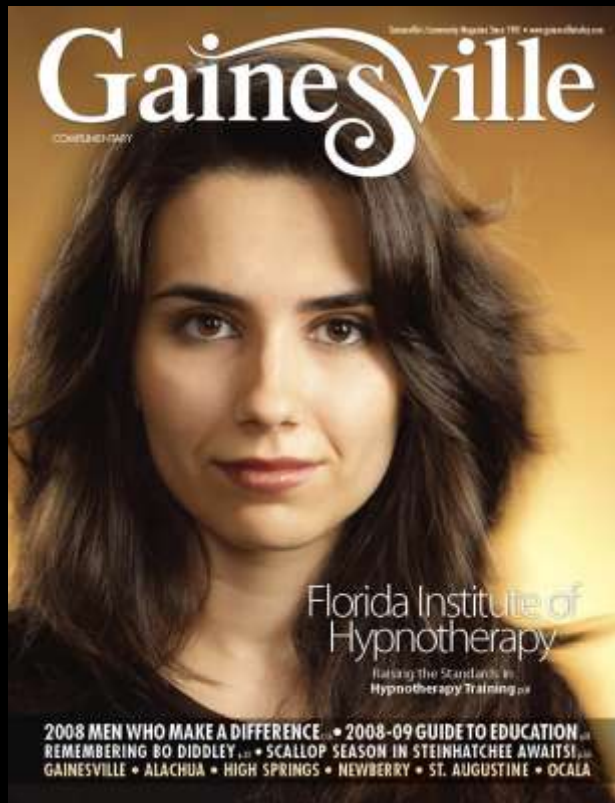




FLORIDA INSTITUTE OF HYPNOTHERAPY

Presents – Hypnosis and Dentistry





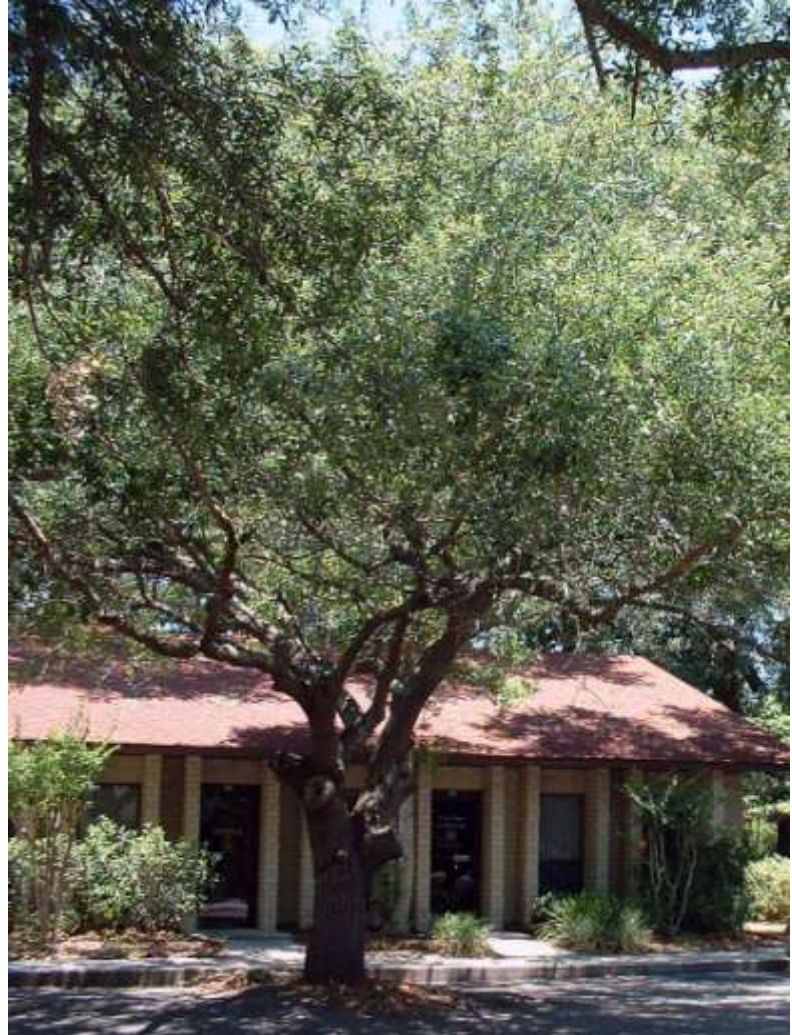
AMERICAN COUNCIL
OF HYPNOTIST EXAMINERS

Florida Department of
EDUCATION

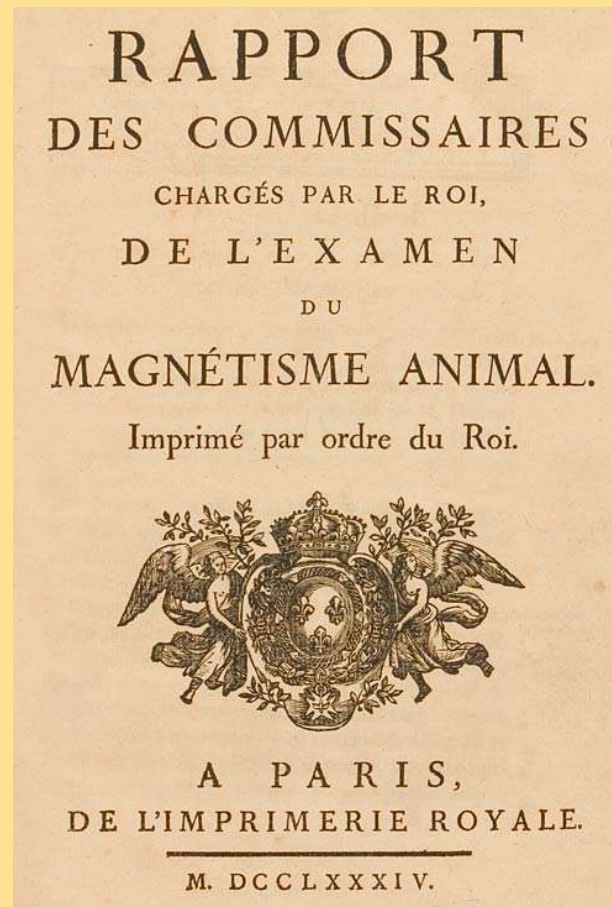
Anahat Meditation Center

Offering Free Weekly Classes in:

- Meditation
- Yoga
- Wuji Gong
- A Course in Miracles
- Opening the Heart



A History of Hypnosis



With Matthew Brownstein, CHt

Franz Anton Mesmer (1734-1815)

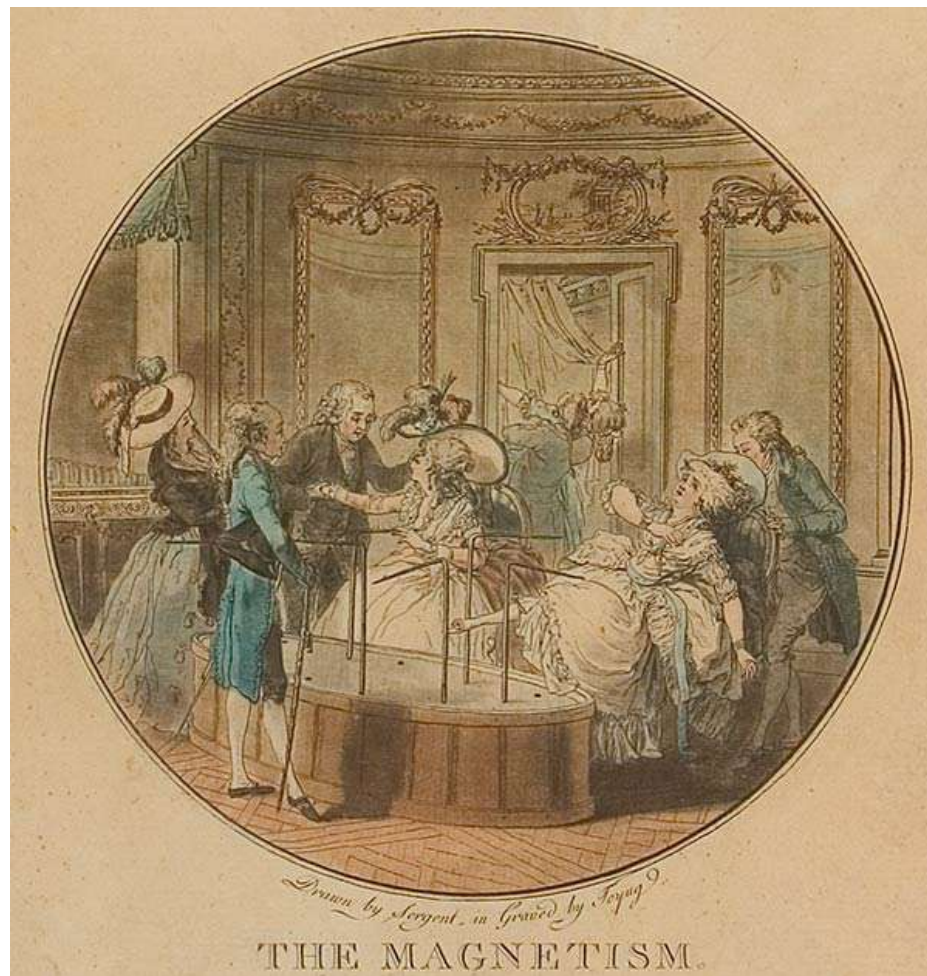


A. MESMER

Baquets



Baquets



Animal Magnetism

The hazard of
animal magnetism...



The Commission - 1784

RAPPORT
DES COMMISSAIRES
CHARGÉS PAR LE ROI,
DE L'EXAMEN
DU
MAGNÉTISME ANIMAL.

Imprimé par ordre du Roi.



A PARIS,
DE L'IMPRIMERIE ROYALE.

M. DCCLXXXIV.

The Commission - 1784



The Results



Le Magnétisme dévoilé.

The Results



James Braid (1795–1860)



Perspectives



Perspectives



Perspectives



Perspectives



What is Hypnosis?

- Natural State of Mind
- Altered State of Mind
- High Degree of Suggestibility
- Communication with Subconscious Mind
- Critical Factor is Bypassed
- Selective Thinking is Established

James Esdaile (1808-1859)



British Surgeon

In the early 1800's working in a prison in India he reported on 345 major operations using nothing but hypnosis for anesthesia, for this reason he is considered the father of hypno-anesthesia. During this time the mortality rate dropped from 25-50% to 5%.

Dave Elman (1900-1967)



Dave Elman - Without formal training in medicine or psychology, he taught Hypnotherapy to more physicians, dentists, anesthesiologists, and psychiatrists than any other instructor in modern times.

Dictionary of Occupational Titles

The U.S. (Department of Labor) Directory of Occupational Titles (D.O.T. 079.157.010) supplies the following definition:

"Hypnotherapist -- Induces hypnotic state in client to increase motivation or alter behavior pattern through hypnosis. Consults with client to determine the nature of problem. Prepares client to enter hypnotic states by explaining how hypnosis works and what client will experience. Tests subject to determine degrees of physical and emotional suggestibility. Induces hypnotic state in client using individualized methods and techniques of hypnosis based on interpretation of test results and analysis of client's problem. May train client in self-hypnosis conditioning"

AMA - 1958

The American Medical Association in 1958 recognized Hypnosis as a healing modality.

The American Council of Hypnotist Examiners



The American Council of Hypnotist Examiners

- Certified Hypnotherapist
- Clinical Certified Hypnotherapist

Uses of Hypnosis/Hypnotherapy

Anything the mind affects hypnosis can work with...

- Smoking Cessation
- Weight Loss
- Fear and Phobias
- Anxiety and Depression
- Behavior Modification
- Healing and Pain Management
- Insomnia
- Uncovering Root Causes
- Raising Self-Esteem
- Healing Grief and Loss
- Improving Memory
- Eliminate Procrastination
- Resolving Anger and Resentment
- Personal and Spiritual Growth

HYPNOSIS IN DENTISTRY

Hypnodontics is that branch of dental science which deals with the application of controlled suggestion and/or hypnosis to the practice of dentistry.

Hypnodontics does not necessarily eliminate analgesia or anesthesia; rather, it is used as an adjunct to chemoanesthesia.

HYPNOSIS IN DENTISTRY

Therapeutic uses of Hypnodontics include:

(Dr. William S. Kroger, Clinical and Experimental Hypnosis)

- Patient relaxation.
- Elimination of the patient's tensions and anxieties, and his fears of pain and discomfort.
- Removal of objections to necessary orthodontic or prosthetic appliances after the patient has agreed to accept them.
- Maintenance of the patient's comfort during long, arduous periods of dental work.
- Accustoming the patient to orthodontic or prosthetic appliances.
- Modification of harmful dental habits.

HYPNOSIS IN DENTISTRY

Operative uses of Hypnodontics include:

- Reduction of anesthesia or analgesia
- Amnesia for unpleasant work
- Substitution for, or in combination with, premedication in general anesthesia
- Prevention of gagging and nausea
- Control of salivary flow
- Control of bleeding
- Postoperative anesthesia
- Reduction of postoperative shock.

Using Hypnosis in Dentistry

Uses Include:

1. TMJ

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ
4. Promoting Proper Brushing and Flossing

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ
4. Promoting Proper Brushing and Flossing
5. Gagging

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ
4. Promoting Proper Brushing and Flossing
5. Gagging
6. Denture Problems and Gagging

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ
4. Promoting Proper Brushing and Flossing
5. Gagging
6. Denture Problems and Gagging
7. Control of Salivation

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ
4. Promoting Proper Brushing and Flossing
5. Gagging
6. Denture Problems and Gagging
7. Control of Salivation
8. Dental Phobias and Fears

Using Hypnosis in Dentistry

Uses Include:

1. TMJ
2. Bruxism
3. Tension Headaches associated with TMJ
4. Promoting Proper Brushing and Flossing
5. Gagging
6. Denture Problems and Gagging
7. Control of Salivation
8. Dental Phobias and Fears
9. Tongue Thrusting

Using Hypnosis in Dentistry

Other Uses Include:

1. Needle Phobias
2. Analgesia
3. Anesthesia
4. Suggestions for Operative Hypnodontics
5. Post-Operative Pain Management

Hypno-Anesthesia

http://www.youtube.com/watch?v=it_UfJ2by4k